



# **2005** **iwalk/Bike** **International Walk to School**

## **October 3-7**

**Join children and adults around the world for a week of walking!**

**why walk?** International Walk to School Week is an event to raise worldwide awareness of walking issues.

**Walks promote:**

- Physical activity
- Teaching safe walking skills to children
- Awareness of how walkable a community is and where improvements can be made
- Concern for the environment
- Reducing traffic congestion, pollution and speed near schools
- Taking back neighborhoods for people on foot
- Sharing time with community leaders, parents and children

**Peabody event day:  
Wednesday Oct 5th  
Walk, Bike or Bus to School!**  
Good for you, good for our planet Earth, too!